

## **Trail Closed Ahead May We Suggest a Trail?**

The Main Trail between the Cross Cut and the Pinchot Tree is closed for construction from August 22 to January 31, 2012. To allow a more intimate visitor experience with the Woods and greater protection of redwood roots and the fragile forest floor, the fencing and asphalt trail will be removed and a new boardwalk will be built in this section. May we suggest the following walks?

### **If you have...**

**½ hour, walk to Bohemian Grove** and catch a Tree Talk by a Muir Woods interpreter. Look for the tallest tree in Muir Woods. Here and in Cathedral Grove are the oldest trees in the forest. Be sure to read the wayside signs along the way to learn about redwood ecology and the history of Muir Woods. Distance: ¼ mile, 15 minutes one-way.

### **Hillside Trail Loop**

**1.5 hours**, take a quiet walk on Muir Woods' earliest nature trail, and experience the view from the canyon wall. Listen for woodpeckers and owls on this walk above Redwood Creek. This trail is important for protecting the natural soundscape of the national park because it is above Cathedral Grove, the Muir Woods' Quiet Zone. Distance: 2 miles loop.

### **Cathedral Grove Loop**

**1 hour**. The oldest trees in Muir Woods live here. It is the site where the first United Nations met in 1945. In 2006, the National Park Service designated this grove as a Quiet Zone to promote the protection of Muir Woods' natural soundscape. Distance: 1 mile, 1 hour round trip.

### **Walk along Redwood Creek**

**40 minutes**. Off the beaten track since the trail closure, this section of the Main Trail leads you close to Redwood Creek. Read about the tree that was cleaved in half, yet thrives while producing sprouts, the next generation of redwoods. It is also the trailhead to the Ocean View Trail, one of Muir Woods' most scenic trails. Distance to the Ocean View trailhead: 0.3 mile, 20 minutes one-way.

### **Ocean View Trail**

**2 hours**, this scenic, yet steep trail wends its way through quiet stands of redwood, Douglas fir and coast live oak to the top of Redwood Canyon. To return to Muir Woods, take the Lost Trail and Fern Creek Trail back to the Main Trail. Be sure to pick up a \$1 trail map at the Visitor Center or Bridge 2. Distance: 3 miles, 2 hours round trip.

**More than 2 hours**, purchase a \$1 map at the Visitor Center or Bridge 2 to experience trails outside of the monument such as the Fern Creek, Ben Johnson and Dipsea trails. These trails can be steep with protruding tree roots and uneven surfaces. Many are not suitable for strollers. Please stay on the trail for your safety and the protection of the redwood forest.